Presenter: Donald Meichenbaum, Ph.D.

OVERVIEW: In the aftermath of traumatic and victimizing experiences, most individuals are impacted, but some 75% of adults and children go onto evidence resilience or the ability to “bounce back,” and in some instances, evidence “post-traumatic growth.” In contrast, some 25% develop PTSD, Complex PTSD and co-occurring psychiatric disorders and behavioral maladjustment. This workshop begins with a consideration of what distinguishes these two groups and the implications for both treatment and prevention. A way to incorporate protective factors, as well as risk factors, in the treatment approach will be highlighted.

Specific evidenced-based interventions and ways to bolster resilience will be demonstrated using video case presentations and accompanied by a detailed handout. A Constructive Narrative strengths-based treatment approach will be combined with evidence-based Cognitive Behavior therapy approaches on how to treat individuals with PTSD, Complex PTSD and Co-occurring disorders such as Substance Abuse. How to conduct integrative treatment approaches and how to integrate spirituality and psychotherapy will be considered. The afternoon session will include a discussion on ways to bolster resilience in “high-risk” children and their families, using a lifespan perspective.

About Dr. Meichenbaum:

Bio.: Donald Meichenbaum, Ph.D. is Distinguished Professor Emeritus from the University of Waterloo, Ontario, Canada from which he took early retirement 18 years ago. He is presently the Research Director of the Melissa Institute for Violence Prevention, in Miami (see www.melissainstitute.org which has received over two million HITS worldwide this year). He is one of the founders of Cognitive Behavior Therapy and in survey of clinicians reported in the American Psychologist, he was voted “one of the ten most influential psychotherapists of the 20th century.” He has received a Lifetime Achievement Award from the Clinical Division of the American Psychological Association. He was also Honorary President of the Canadian Psychological Association. He has presented in all 50 U.S. states and internationally. He has consulted in a variety of treatment centers for children, adolescents and adults. He has published extensively and his latest book is Roadmap to resilience. (see www.roadmaptoresilience.org)

Dr. Meichenbaum’s workshops are noted for their combination of scholarship, critical-mindedness, practical clinical applications and humor.
PAWNY is proud to present

Dr. Donald Meichenbaum

TRAUMA & RESILIENCE

Sat. October 3, 2015
THE BURCHFIELD PENNEY ART CENTER
1300 ELMWOOD AVE., BUFFALO, NY

SCHEDULE:
Registration: 10:00 – 10:30
Caffee & Tea; Meet and Greet
Lecture I, Q&A: 10:30 – 12:30
Luncheon: 12:30 – 1:30
Catered by Oliver’s Restaurant
Lecture II, Q&A: 1:30 – 4:00
(Pre-Registration is necessary)

Also sponsored by:
UB Dept. of Psychiatry

For further information please contact:
Dr. Emily Ets-Hokin
ph.: (716) 873-3454
email: eets-hokin@aoal.com
or,
Dr. Michael J. Zborowski
ph.: (716) 878-3011
email: ZBOROM@buffalo.edu

Refund and Cancellation Policy: Cancellation must be submitted in writing to pawnybfl@gmail.com; if received prior to 9/20/15, a full refund less $25.00 will be given. There are no refunds after 9/20/15.

Customer Service: If you have any questions about the conference or about membership, please contact the Psychological Association of WNY (PAWNY) at pawnybfl@gmail.com
Registration: register on our website at http://pawny.org

Directions:

FROM THE EAST:
Follow I-90 Westbound to Rt. 33 West (Kensington Expressway). Travel Route 33 for approximately 3 miles and EXIT @ Rt. 198 West (Scajaquada Expy). EXIT @ Elmwood Ave. South. Continue on Elmwood two blocks to second signal and turn right onto Rockwell Rd. The Burchfield Penney Art Center is directly on the corner of Elmwood Ave. & Rockwell Ave. Continue on Rockwell Ave and use Parking Lot B-1 (FREE– adjacent to the gallery).

FROM THE WEST & SOUTH:
Follow I-90 Eastbound to I-190 Northbound. Follow I-190 North and EXIT @ Rt. 198 East (Scajaquada Expy). EXIT @ Elmwood Ave. South. Continue on Elmwood two blocks to second signal and turn right onto Rockwell Rd. The Burchfield Penney Art Center is directly on the corner of Elmwood Ave. & Rockwell Ave. Continue on Rockwell Ave and use Parking Lot B-1 (FREE– adjacent to the gallery).

FROM THE NORTH:
Follow I-190 Southbound and EXIT @ Rt. 198 East (Scajaquada Expy). EXIT @ Elmwood Ave. South. Continue on Elmwood two blocks to second signal and turn right onto Rockwell Rd. The Burchfield Penney Art Center is directly on the corner of Elmwood Ave. & Rockwell Ave. Continue on Rockwell Ave and use Parking Lot B-1 (FREE– adjacent to the gallery).

FROM CANADA (Toronto):
Cross the U.S. border at the Lewiston–Queenston Bridge. Follow I-190 Southbound and EXIT @ Rt. 198 East (Scajaquada Expy). EXIT @ Elmwood Ave. South. Continue on Elmwood two blocks to second signal and turn right onto Rockwell Rd. The Burchfield Penney Art Center is directly on the corner of Elmwood Ave. & Rockwell Ave. Continue on Rockwell Ave and use Parking Lot B-1 (FREE– adjacent to the gallery).

FROM CANADA (Fort Erie):
Cross the U.S. border at the Peace Bridge. Follow I-190 Northbound and EXIT @ Rt. 198 East (Scajaquada Expy). EXIT @ Elmwood Ave. South. Continue on Elmwood two blocks to second signal and turn right onto Rockwell Rd. The Burchfield Penney Art Center is directly on the corner of Elmwood Ave. & Rockwell Ave. Continue on Rockwell Ave and use Parking Lot B-1 (FREE– adjacent to the gallery).

Please join us
for an exceptional conference. Dr. Meichenbaum is a brilliant and masterful clinician, a captivating speaker, and a luminary in the field of psychotherapy. This conference is open to all those interested in mental health, and will provide an excellent opportunity to meet with colleagues in the picturesque Burchfield Penney Art Center. We hope to see you there.

Emily Ets-Hokin & Michael Zborowski
Co-Chairs, PAWNY Education and Programming Committee

Learning Objectives:
• Critically evaluate the "state of the art" in treating clients with PTSD and comorbid disorders and distinguish the factors that differentiate individuals who evidence resilience versus those who develop chronic psychiatric disorders and adjustment difficulties;
• Implement a Case Conceptualization Model that informs assessment and treatment decision-making;
• Implement practical and specific resilience-engendering interventions in six domains: physical, interpersonal, emotional, cognitive, behavioral and spiritual (including ways to integrate spirituality and psychotherapy);
• Use ways to bolster resilience in "high risk" children and their families, LGBTQ adolescents, adults and the elderly.

CEUs & Contact Hours:
New York Social Workers- LMSW & LGSW Contact Hours: Provided in collaboration with the University at Buffalo School of Social Work, Office of Continuing Education; recognized by the New York State Education Department’s State Board for Social Work as an approved provider of continuing education for licensed social workers #0001. Full attendance is required; no partial credit will be awarded for partial attendance. 4.25 live contact hours are approved.

Registration:
Registration can be completed online or by mailing a check along with the completed form below.

Online Registration:
go to PAWNY.org and click on the link for the conference. You can pay by credit card or PayPal.

Pay by Mail:
complete the information below and mail along with your check, made payable to: PAWNY
Dr. Michael Zborowski
5820 Main Street, Suite 400, Williamsville, New York 14221

Name (for name tag)
Degree (for name tag)
Address
Phone
Email
Professional Affiliation

Amount Enclosed:
$ + $ = $ Per person Additional person TOTAL

Cost includes luncheon.

Early Bird Registration (By September 3):
PAWNY Member Non PAWNY Member Student
$120. $140. $80.
After Early Bird Registration (September 4–28):
PAWNY Member Non PAWNY Member Student
$140. $160. $100.

Day of Lecture (October 3):
PAWNY Member Non PAWNY Member Student
$175. $175. $175.
*Student ID required.
$10 additional fee for those requesting NYSED LMSW, LCSW, LCSW-R contact hours (CEUs).

For any questions contact...
Dr. Emily Ets-Hokin
email: eets-hokin@aoal.com
or,
Dr. Michael J. Zborowski
email: ZBOROM@buffalo.edu