Primary Care and the Opioid Crisis in WNY
Inheriting the Pharmacotherapy of Patients with Chronic Pain.
The Good, the Bad and the Feasible.

Saturday, July 30, 2016, 8 a.m. – noon
UB School of Pharmacy and Pharmaceutical Sciences | 190 Kapoor Hall, South Main Campus

Program Overview:
Across the country, the opioid epidemic has reached a public health crisis. Our WNY community is no exception. We have all become aware of the escalating rates of fatal opiate overdoses and the rampant use of heroin, especially in our youth.

Primary care physicians play an invaluable role in supporting our community in reversing these trends through compassionate, rational and ultimately defensible care. An area of great need and concern is the patient returning to the primary care practice for continued care after being managed for chronic pain by another provider. You may have experience this situation or will soon.

As pain is a highly prevalent condition in primary care, this program focuses on feasible goals and management techniques for the busy primary care practice. This program will:

• Briefly review the magnitude of the opioid pain prescription problem in WNY
• Discuss strategies and a practical approach to managing the “inherited” patient
• Discuss methods of managing care in difficult situations including patients presenting with high dose regimens, polypharmacy and urine drug testing refusal
• Identify and manage patients who may be at high risk for or struggling with dependency and addiction

By the end of this program attendees should be able to:

1. Describe their role in helping to address the prescription opioid pain crisis in WNY.
2. Identify supportive resources from the community, such as pain management specialists, addictionologists, physical medicine and rehabilitation specialists and local pharmacists.
3. Analyze the concepts of desperation pharmacotherapy from the position of the CDC guidelines. “As the dose goes up, risk increases and probability of therapeutic success diminishes.”
4. Discuss the pharmacology of withdrawal from a clinicians perspective.
Agenda:

7:30 a.m.  Registration and Continental Breakfast

8:00 a.m.  Opening Remarks Presented by Judith Feld, M.D., MPH, MMM, DFAPA, Program Moderator

8:15 a.m.  The Current State of the Opioid Epidemic
Presented by Paul Updike, M.D.
   — What’s the problem?
   — Risk management issues
   — Pitfalls of opiates
   — What we need to treat
   — Community resources

9:00 a.m.  Inheriting the Pain Patient
Presented by Doug Gourlay, M.D.
   — Pointing out the immutables and establishing boundaries
   — Creating a treatment plan

10:00 a.m.  Case Study #1

Case Study #2

Case Study #3

10:30 a.m.  Review
Case Study #1
Presented by Doug Gourlay, M.D. and Paul Updike, M.D.

10:50 a.m.  Case Study #2
Presented by Doug Gourlay, M.D. and Paul Updike, M.D.

11:10 a.m.  Case Study #3
Presented by Doug Gourlay, M.D. and Paul Updike, M.D.

11:30 a.m.  Panel Discussion/Questions

Noon  Adjourn
Speaker Biographies:

Judith Feld, M.D., MPH, MMM, DFAPA, Medical Director – Provider Engagement and Practice Innovation, Independent Health, earned a Master in Medical Management from the University of Southern California, a Master in Public Health from the State University of New York at Buffalo and a Doctor of Medicine from the University of Pennsylvania. She completed her residency in psychiatry at George Washington University. She is a past president of the Western New York District Branch of the American Psychiatric Association. Dr. Feld has also held several faculty appointments, and is presently a Clinical Assistant Professor of Psychiatry at the State University of New York at Buffalo.

Doug Gourlay, M.D., did his medical training at McMaster University, completing his fellowship in anesthesiology in 1990. Following a fellowship in addiction medicine he has focused his practice to the assessment and management of risk in the treatment of chronic pain. He has written extensively and speaks on the topic of patient-centered strategies in the management of risk. He currently is the educational consultant for Pain and Chemical Dependency, Wasser Pain Management Centre, Toronto.

Paul Updike, M.D., received his medical degree from the University at Buffalo School of Medicine, completing his residency in internal medicine at Dartmouth-Hitchcock Medical Center in Lebanon, NH. Dr. Updike is a member of the American Society of Addiction Medicine. He is currently the medical director of chemical dependency at Sisters Hospital in Buffalo and medical director of St. Vincent’s Health Clinic. Dr. Updike is a key thought leader and adviser to the Erie County Department of Health Opioid Task Force.
ACCME REGISTRATION FORM

Primary Care and the Opioid Crisis in WNY
Inheriting the Pharmacotherapy of Patients with Chronic Pain.
The Good, the Bad and the Feasible.

Saturday, July 30, 2016, 8 a.m. – noon
UB School of Pharmacy and Pharmaceutical Sciences | 190 Kapoor Hall, South Main Campus

Please complete the fields below and fax your form to: (716) 635-3984. There is no fee
for this seminar; however, due to space limitations, we ask that you register in advance.
If you have any questions please call (716) 635-4959.
You can also register online at www.surveymonkey.com/r/IHFCME2016.
Registration deadline is July 27, 2016.

NO WEBINAR AVAILABLE. YOU MUST ATTEND IN PERSON.

Please print.

Name: ____________________________ Specialty/degree: __________________________

Please check one:
☐ M.D.        ☐ P.A.
☐ D.O.        ☐ Other: __________________________
☐ N.P.

Mailing Address: __________________________

City/State/Zip: __________________________

Office Phone: ____________________________ Office Fax: __________________________

Email: __________________________

Do you require a vegetarian meal? ______ Yes ______ No

CME Accreditation
This program has been planned and implemented in accordance with the Essential Areas and Policies of the
Accreditation Council for CME (ACCME) through joint sponsorship with the University at Buffalo School
of Medicine and Biomedical Sciences and Independent Health Foundation.
The University at Buffalo is accredited by the ACCME to sponsor CME for physicians.
The UB School of Medicine and Biomedical Sciences designates this live activity for a maximum of 4 AMA
PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their
participation in the activity.